

Maine Local Living School

RELEASE FORM FOR ADULTS (AGES 18+)

Participant’s Full Name:	Date:
Program Name:	

Dear Program Participant (Age 18+),

Please read this entire Document carefully before signing. This Document informs you (hereafter, “Participant”) about your responsibilities and assumption of risks, and includes a release of liability, indemnification and surrender of certain legal rights. In consideration of the services of Maine Local Living School and its agents, officers, employees, volunteers, independent contractors and all other persons or entities associated with it, other participants, sponsors, advertisers, and owners and lessors of premises used to conduct activities (hereafter, “Releasees”), the Participant agrees to the following:

ACKNOWLEDGMENT AND ASSUMPTION OF RISKS: Maine Local Living School offers a variety of outdoor/resilient living activities that include wilderness travel, sustainable living skills, homesteading skills, and handcraft. We acknowledge that these activities involve inherent and other risks, hazards and dangers. The following describes some, but not all of those risks, hazards and dangers:

- Homestead Life:** Can include risks associated with activities such as digging, lifting, tree felling, and carrying heavy loads over uneven ground.
- Handcraft:** Can involve working with sharp tools and poses the risk of severe injury from misuse or malfunction.
- Travel:** Can be on foot, by motor vehicle, or by other means and can be over rough and unpredictable terrain or via lakes and rivers, in snow, sleet, rain or other adverse weather conditions. Activities may take place in remote locations, several hours from medical facilities, causing potential delays in communication, transportation, evacuation and medical care.
- Living Simply:** Participants will very likely go barefoot at times, and experience small cuts or abrasions to the feet. Participants may be near an open fire and are subject to the risk of burns from flames or hot coals. Participants will drink water from wells and natural springs, and will likely be offered raw, wild, or unprocessed foods, both from the wilderness or from the farm. Camp sites may be subject to high winds, falling trees and/or branches, floods, and other weather-related hazards. Participants may experience brief periods of time, stationary, alone in the wilderness. Participants’ travel may be subject to lightning, strong winds, fast moving water, falling rocks, extremely hot or cold weather or cold water, snow and ice, fallen timber, stinging or disease-carrying insects, poisonous plants, wild animals, poison ivy, sunburn, and other natural or man-made hazards.
- Instruction & decision-making:** Releasees may misjudge a participant’s capabilities, health or physical condition, or some aspect of instruction, medical treatment, weather, or terrain, and this could result in injury, damage, death or other loss to Participants. These and other risks, hazards, and dangers may result in Participants falling, being struck, colliding with objects or people, experiencing vehicle collision, suffering gastro-intestinal complications, or experiencing allergic reactions. These and other circumstances may cause hypothermia, hyperthermia, dehydration, frostbite, drowning, broken bones, paralysis, concussions or other injury, damage, death or loss.



By signing below, the Participant assumes and accepts full responsibility for the inherent and other risks of these activities (both known and unknown) and for any injury, damage, death or other loss suffered by the Participant resulting from these risks, or from the Participant’s own negligence or other misconduct.

Participant’s Printed Name:	Date:
Participant’s Signature:	

RELEASE AND INDEMNITY AGREEMENT: The Participant, and on behalf of their family members, heirs, executors, representatives and estate, agrees as follows:

-1: To release and agree not to sue Maine Local Living School or any above named Releasees, with respect to any and all claims, liabilities, suits or expenses (including attorneys’ fees and costs) (hereafter collectively ‘claim’ or ‘claim(s)’), for any injury, damage, death or other loss in any way connected with the Participant’s enrollment or participation in these activities, or use of Maine Local Living School’s equipment or facilities. The Participant understands that in signing this Document, they, anyone acting on their behalf, and their spouse and other family members surrender, to the fullest extent allowed by law, our respective rights to make a claim against Maine Local Living School (or above Releasees) as a result of any injury, damage, death or other loss suffered by me, the Participant.

-2: To defend and indemnify (‘indemnify’ meaning protect by reimbursement or payment) Maine Local Living School and Releasees with respect to all claim(s) brought by or on behalf of them or a family member for any injury, damage, death or other loss in any way connected with my enrollment or participation in these activities, or use of Maine Local Living School’s equipment and facilities.

-3: This Release and Indemnity Agreement includes any losses caused or alleged to be caused, in whole or in part, by negligence (but not gross negligence or willful, wanton or criminal misconduct), and includes claims for personal injury, property damage, wrongful death, loss of consortium, breach of contract or otherwise.

By signing below, the Participant agrees that they have carefully read, understood, and voluntarily signed this agreement and acknowledge that it shall be effective and binding upon them, minor children and other family members, and their heirs, executors, representatives and estate.

Participant’s Printed Name:	Date:
Participant’s Signature:	



PROGRAM PARTICIPATION AGREEMENT: The Participant acknowledges and agrees as follows:

- 1: The Participant has been informed about the planned activities and the potential risks involved, and also accepts that planned program activities and itineraries may change without notice based upon the needs of the group and the changing weather and environment.
- 2: While Maine Local Living School will be responsible for instructing, guiding, and hosting the Participant, the Participant is responsible for their own decision-making and self-care while attending programs with Maine Local Living School.
- 3: The Participant authorizes Maine Local Living School staff to give routine or emergency medical care to them, if needed, within the limits of common sense and established wilderness medical protocols. If urgent care is necessary, the Participant gives permission for Maine Local Living School staff to seek professional help and/or transport them to a medical facility. The Participant agrees to pay all costs associated with that care.
- 4: The Participant agrees to be responsible for the repair or replacement of any items that are lost or damaged under their care and use during their program.
- 5: The Participant understands that Maine Local Living School reserves the right to dismiss any Participant from the program that staff believes presents a safety concern or medical risk, is disruptive, or otherwise deliberately acts in a manner detrimental to the program. This includes use of illegal drugs, sexual or other forms of harassment, acts or remarks of racism, sexism or other discrimination, socially exclusionary behavior, or disregarding instructions. If the Participant is dismissed for any of these or other reasons, the Participant accepts responsibility for all costs of early departure whether for medical reasons, dismissal, personal emergencies, or otherwise.

By signing below, the Participant agrees that they have carefully read, understood, and voluntarily signed this agreement.

Participant’s Printed Name:	Date:
Participant’s Signature:	

MEDIA RELEASE AGREEMENT: Participants may choose whether they would like to give Maine Local Living School permission to use any photographs or audio/video recordings of them taken during their participation in their program for any publicity or promotional material, both online or in-print. (*Note: Maine Local Living School will never publicly publish, trade, or share the Participant’s name, address or contact information).

By signing below, the Participant agrees that they have carefully read, understood, and voluntarily signed this agreement.

Select One: I <u>DO</u> / <u>DO NOT</u> consent to images/recordings of me being published.	
Participant’s Printed Name:	Date:
Participant’s Signature:	

